

## TOVA Test For ADHD

The TOVA test, or Test of Variables of Attention, is a neurological test used to measure a person's ability to focus and maintain attention. It is a computerized test that uses a variety of visual and auditory stimuli to assess a person's attention and concentration. It is often used in the diagnosis and treatment of attention disorders, such as ADHD also known as Attention Deficit Hyperactivity Disorder. The TOVA test takes approximately 20-30 minutes to complete and can be administered by a trained professional.

### Benefits of TOVA Test

Related to this test, the following extensive benefits and details are outlined below:

- 1. Objective Measurement:** The TOVA facilitates an objective measurement of attention and assists a clinician toward more precise diagnosis for ADHD.
- 2. Standardized administration:** It offers standardized forms of administration and scoring to ensure the reliability and validity of the results.
- 3. Sensitivity:** It is capable of finding even mild areas of attention deficits, and the clinician should be sure to give careful attention when making the choice between the conditions: ADHD versus normal variation in attention.
- 4. Non Biased:** Unlike traditional paper and pencil tests, the TOVA minimizes the influence of factors like motivation or examiner bias.
- 5. Comprehensive Reporting:** The comprehensive report fully details all the aspects necessary for treatment planning and monitoring.
- 6. Efficiency:** The test is pretty simple and will take no more than 20 to 30 minutes to complete, without any question of clogging up the schedule for both patients and clinicians.

## FAQs

### 1. Who can undergo TOVA testing?

Ages 4 and up.

### 2. How does TOVA work?

Responding to images or sounds by pressing a button. Lasts around 21.6 minutes for adults and shorter for kids.

### 3. How reliable is TOVA?

Proven reliability in detecting ADHD, unaffected by practice effects.

### 4. Appointment Overview

Arrive 10 minutes early for an hour-long session. Complete a practice test, then the actual TOVA test. Results reviewed afterward.

## Assessment Inclusions

Evaluation lasting 1.5 hours with a licensed clinical psychologist. Includes interview, diagnostic screening, symptom reports, self-assessment, results explanation, diagnosis, and treatment recommendations.

## During ADHD Evaluation

Gather information about medical history, behavior, and daily life through interview and questionnaires. Use TOVA and other tests to measure attention and cognitive abilities.

## After ADHD Test

Results reviewed by a healthcare professional. Diagnosis considered along with observations and reports from parents or teachers. Tailored treatment plan developed if ADHD diagnosed, involving medication, therapy, behavioral strategies, and educational support.

## Reimbursement

The codes most often used for billing our test are:

**96132** Clinician interpretation code

**96138** Administration code

**96136** Clinician Administers

**Please note:** UHC does not pay for the test. Those patients would be a cash pay rate. United Healthcare does not reimburse for the TOVA test.